

**Manchester Royal Infirmary
Kidney Patients' Association
(MRIKPA)**

Newsletter



Summer 2021



Content

2-3	Content & Committee members
4-5	Who we are
6-9	Editor, Chair's Annual report
10	MRIKPA Strategic Plan
11-14	AGM information
15-19	Retirement of Sarah Brewerton - Chaplain
20	Renal Remembrance Service
21	New dialysis centre Ulverston
22-23	Holiday caravan details
24	Quiz
25-26	TRenDS update
27	Renal Transplant Clinic - MRI
28	Membership form
29	Those quiz answers
30-31	Fundraising & Gift Aid form
32-35	Numbers, electronic newsletter, notes & sources of advice
36	What we do

Committee Members

Guy Hill Chair helenandguy_hill@hotmail.com

Margaret Bennett Secretary

Janet Richardson Treasurer 07490 190492

Cassie Brzoza

Steve Caddick 0161 684 8588

David Coyle

Wajid Iqbal 07948 833994

Mike Kewley Editor 07530 452190

John Murphy

Helen Murphy

Dr Arijit Sen 01706 345383

Manchester Royal Infirmary Kidney Patients' Association (MRIKPA)

What do we do?

The aims of the Association is to increase public awareness of issues affecting kidney patients and their families, support and help fellow kidney patients and provide formal routes to represent the patient and carers voice to the Trust and other bodies.

Is the Association a charity?

Yes. The Association is a charity and is registered with the Charity Commission. Its registered number is **516871**

Who runs the Association?

The Association is run by an elected committee. The members of the committee are fellow kidney patients who have either had a transplant or are on dialysis. They are all volunteers and apart from the Secretary receive no payment for their work. In other words the Association is run by patients for patients.

How is the Association funded?

At the moment it does not proactively fund raise due mainly to the impact of Covid -19 and limited number of members on the committee. Its main source of funds comes from charitable donations.

When do we meet?

The committee meets monthly, first Wednesday of the month. Due to Covid-19 restrictions we currently use Zoom to hold these meetings. We also hold an AGM once a year. This year its on 5th September 2021. Full details can be found in this edition of the newsletter.

Are we on social media?

Yes we are. We have a Facebook page. We hope soon to develop a Website and open a Twitter account.



MRI Kidney Patients' Association

Hello from your Editor

Welcome to this summer edition although as I write this its not very summery outside.

In this edition we have details:

of our AGM to be held in September via Zoom for safety reasons
our emerging Strategy that takes us forward for the next few years
the retirement of Sarah Brewerton Chaplain who will be missed by
many renal patients and members of staff

holiday caravan for patient use near Blackpool

the new dialysis assessment centre at Octagon House, Manchester
and a new dialysis unit in Ulverston, Cumbria.

On a personal note I was very lucky to receive a kidney transplant at the beginning of April. It's my second transplant and so far the results are good and I feel well. It's absolutely amazing and I feel extremely lucky.

If there's anything you want to see more of in the newsletter please drop me a line.

Best wishes

Mike

07530 452190

mikejm.kewley@gmail.com



MRI Kidney Patients' Association



Chairman's Annual report

Dear Members,

Being a kidney patient at any time is challenging, but Covid -19 has made things even more demanding, not just for us but the staff that look after us with such dedication. Despite these challenges, the promised shared care dialysis assessment unit has now opened at Octagon House, Hathersage Road round the corner from MRI. This is where new haemodialysis patients can find out if shared care or self-care is an option for them; a real step forward in helping patients taking control of their dialysis.

Making life more challenging is the vagaries of the Trust Central Booking System (CBS) which still frustrates patients attending the transplant clinic. Removing the clinic clerks by the Trust was a real step back and has put clinic nurses under unnecessary strain trying to sort out appointments, on top of looking after vulnerable and newly transplanted patients. The current advice is to check with the CBS if you have an appointment scheduled, if not to contact the transplant clinic. Contact details can be found in this newsletter.

More pleasing news is that transplants are happening throughout the country. However the overall numbers from April 20 – April 21 will be 20% down for cadaver transplants and 50% down for live donations, because of the difficulty of securing the extra theatre space during Covid-19. NHS Blood & Transplant (NHSBT) believes the national waiting list will climb from 6500 to 7500 by September 2021, once there is catch up of getting people onto the list.

Both the National Kidney Federation and Kidney Care UK have excellent webinars on their websites about these topics and how the next 5 year strategy for the NHSBT, after the implementation of 'opt out', is to improve all the services and resources needed to ensure that any extra donations are maximised, e.g. the provision of Intensive care beds, much needed now to tackle the larger waiting list.

The more concerning news for patients is that despite having had 2 Covid-19 vaccinations, we have had one USA study on transplant patients, that after 1 jab, they reported the ability to produce a desired or intended result (i.e. the efficacy of the treatment) only 19% of patients produced antibodies.

Now a second Israeli study of transplant patients, who had 2 Pfizer vaccinations, reported a disappointing efficacy of only 35%. The study had hoped that the original technology used in the Pfizer vaccine would be more effective despite immunosuppression but this result is very in keeping with the low efficacy we have for the flu jab, which uses the same methodology as the AZ vaccine.

There was a list of significant influences that may affect whether you produce antibodies e.g. age, time from transplant, level of immunosuppression, co-morbidities and original disease. Both these studies looked only at the antibody response to the spike protein; they did not identify the T-cell reaction, which is another part of our immune defences against Covid-19, which the vaccine stimulates.

Whatever the science, the learning point is that we should all remain cautious, despite the reductions in restrictions, and don't be surprised if after a UK transplant vaccine study reporting in June, leads us to be invited for a 3rd jab and antibody tests.

Inside the magazine, you will find an invitation to our zoom Webinar and AGM on September 5th. Up to date communication has been the real casualty of Covid-19. We are responding to that by looking at ways to improve the channels of information between the KPA, patients and the Renal Service. Social media channels are critical in getting information and feedback across.

However as a KPA, we have to be responsible for any commentary; so to ensure this, we have clearly defined our values and objectives and produced a formal strategy that indicates who we are, what we stand for and what we want to achieve. At the AGM there is an open forum to any patient or carer to question us and open invitation to be a part of the KPA and help it achieve its aims.

Please join us virtually on the September 5th and until then I trust you will all continue to keep well and enjoy reading the magazine.

Best wishes

Guy

Tel: 01565 654382



MRIKPA Strategic Plan

Earlier this year the charity completed a strategic review to determine the key challenges affecting MRI patients today, and how best the charity can represent & serve the patient and carer community.

An action plan is currently being finalised and work is already underway in some areas. The Strategic Plan will be formally launched and presented at the AGM on 5th September 2021.

The key areas of focus are:

- To increase awareness of the Charity, what it does and how this benefits patients and carers attending the MRI.
- To better serve the needs of the online community, we will create a website & sustain a strong social media presence across multiple channels and media.
- To “relaunch” & consolidate the charities relationship with the Trust in order to better understand, support and communicate about the Trust plans and for the charity to constructively represent patient & carers views to the Trust.
- To work collaboratively with other organisations and charities, representing the MRI Kidney Community in areas of common interest.

The charity is very interested to hear from members of the kidney community who may wish to know more about the charity or become involved, on a voluntary basis, in the work that we do. We are particularly interested in hearing from individuals with good social media skills.

Contact us for more information at Guy Hill Chair. Email address helenandguy_hill@hotmail.com

Annual General Meeting

This meeting on Sunday 5th September 2021 at 10am and will be held via Zoom for health & safety reasons.

Zoom is free to use but you do need to download the app. Just type in Zoom app into your browser and download for free.

Copies of the Constitution, Election of Committee members, Annual accounts Treasurers report and Donations are available by email in advance of the AGM. Contact me at mikejm.kewley@gmail.com for copies.

The agreed Annual Accounts will be printed in the next newsletter

If you want to attend the meeting you will require an ID and password.

To obtain these details you can contact the following Committee members by Monday 30 August 2021

Guy Hill - 01565 654382

Mike Kewley - mikejm.kewley@gmail.com

MRIKPA Annual General Meeting 5 September 2021

Guidance Notes for completing the MRIKPA Committee Membership nominations form on the next page.

The elected members of the Committee are the trustees of the Association and, as such, are bound by charity law. The Charity Commission requires those standing for election to the Committee to demonstrate an understanding of the general role and responsibilities of charity trustees, knowledge of the objects of the charity to which they seek election, and to be able to indicate what they can offer to the charity, to assist it in achieving its objects.

The Committee comprises three officers, (Chairman, Vice Chairman and Treasurer), and a maximum of ten other elected members. In addition to the elected members, the constitution allows other people to be co-opted onto the Committee, to provide particular skills, knowledge or expertise.

Each member of the Committee has at least one specific function, e.g., Newsletter Editor or Fundraiser. These responsibilities enable all members to play a full role in the Committee and to share its workload.

The Committee normally meets once a month, (apart from January and August), on the first Wednesday evening in the month. Meetings are held currently via Zoom

Officers' and Sub Committee meetings are held as required.

Only current members of MRIKPA can stand for election to the Committee, or act as proposer or seconder for nominees.

The proposer and seconder for any nomination must be two different people and may not be the person nominated. They should seek the agreement of the person being nominated prior to nomination, and the nominee must sign the form indicating a willingness to be nominated.

Unsigned nominations will not be accepted. Individuals may be nominated for more than one post on the Committee, subject to the rules shown above.

In the event of more than one valid nomination being received for any of the officers posts and/or more than ten valid nominations being received for the other Committee posts, ballot papers will be given to MRIKPA members present at the AGM, to determine those nominees to be elected.

COMPLETED NOMINATION FORMS MUST BE RETURNED TO:
Margaret Bennett, MRIKPA Secretary, 4 Norden Avenue, Withington, Manchester M20 1ET by 15 August 2021

AGM for the MRIKPA
Committee Membership Nomination Form

Print below the names of nominee, proposer and seconder under appropriate headings before nominee signs the final column to indicate her/his agreement to be nominated.

2021/2022

Nominee	Proposer	Seconder	Signature
Chair	Guy Hill		
Treasurer	Janet Richardson		
	W Iqbal		
	H Murphy		
	J Murphy		
	D Coyle		
	C Brzoza		
	S Caddick		
	Dr A Sen		
	M Kewley		
Secretary	M Bennett		

Manchester Royal Infirmary Patients' Association

AGM at 10.00am Sunday 5 September 2021

Agenda

- 1** *Apologies for absence*
- 2** *Minutes of the AGM held on 2 July 2019*
- 3** *Matters Arising (Not considered elsewhere on the agenda)*
- 4** *Committee Annual Report*
- 5** *Annual Accounts*
- 6** *Appointment of Reviewing Accountants for 2021/2022*
- 7** *Election of MRIKPA Officers & Committee Members for 2021/2022*
- 8** *Any other urgent business*

Retirement of Sarah Brewerton - Chaplain

Bernie Boruch Renal Social Worker recently sat down with Sarah to find out a bit more about her time working at MRI before she retired on the 29 April 2021. Thank you Bernie.

Sarah started work as Chaplaincy in MRI 29 years ago and she was based in the old St. Mary's block, some of you might remember it. She remembers her first payslip in January 1992 it was £17.52 for 2 days/week, those were the days.

She began her work in St. Mary's in the maternity unit a specialist hospital for problem pregnancies covering a wide area. She then moved to cover renal services when they were based on the Nightingale wards in the oldest part of MRI which no longer exists, (wards 21, 22 & dialysis unit – ward 23 & transplant ward 10). Again some of you might remember them, I do as I received my first dialysis there, I recall very old buildings. She then began covering the renal wards 36 & 37 + Transplant wards 9 & 10

With relocation she moved from St Mary's to the new larger, more diverse, Spiritual Care Centre at same time as covering the renal wards. This was opened by the Queen – an event Sarah was unable to attend.

As part of Spiritual Care, Sarah is part of a multi faith team responding to the needs of patients, families and also staff, often at times of sadness and distress.

Sarah sees her role as being there, 'for as long as she is needed as what is important is the person at that moment and what their needs are.'

Apart from providing care & support to patients on MRI renal wards & dialysis unit Sarah is on call once a week for the whole of the MRI site which means she covers the whole range of wards with all the complexities this presents.

Renal Remembrance service

Sarah started the Renal Remembrance Service in 2005/6 with the late much missed Noel Hurley, & nurse Denise.

Over the years Sarah worked closely with Noel, and other renal staff and patients to arrange this special service to remember & celebrate the lives of renal patients, their families and carers who support them.

It has become a well-recognised and important annual event. Initially held at Salford Cathedral before moving to The Lowry at Salford Quays.

Last year Covid meant this became a virtual event & once again Sarah took up the challenge to ensure this happened.

Sarah says renal patients are unique because the illness and its treatments mean they become well known to all staff who look after them. This has given Sarah the opportunity to get to know many patients & their families very well and often over many years.

Sarah has shared in the joys experienced when people improve & get better, some of whom leave hospital with a new kidney, and also the sadness when a patient reaches the end of their journey

Sarah has also been involved in training staff, relishing role play in Sage & Thyme training as well as supporting pre-dialysis afternoons and evenings to reassure and support patients approaching dialysis treatment.

There will have been many other roles and activities over the years – too many to remember & mention here.

Outside MRI

Sarah is married to Ian who is a retired architect, and also part-time volunteer at the Remembrance Service and other renal events Sarah has supported over the years.

She had 3 children – Benjamin her first baby died the day after he was born – much missed & never forgotten, followed by Hannah & Naomi. Hannah is married to Mark & Naomi is married to Sophie

They have gone on to have children, Jack & Ella, (8 & 5 years) and Luna (3 years). Sarah loves being a grandmother & every week brings a different story of what they have been up to.

What does retirement mean?

Retirement means there will be more time to spend with all of them, & more trips to stay in their very special lighthouse cottage at Penmon Point in Anglesey. A location widely shared and enjoyed by many of Sarah's colleagues in the renal team.



When not in MRI Sarah lives in Chorlton where she is an active member of Chorlton Central Church and also supports social justice/human rights activities – be it on the float at Manchester Pride or weekly demonstrations for Black Lives Matter.

Sarah is a volunteer at the Parents and Toddlers group run by Chorlton Good Neighbours and will continue to support this group every Tuesday as she has done for the past 29 years.

She will also continue her weekly volunteering at Chorlton & Didsbury Foodbank which she has been doing for the last 5+ years.

Following the loss of Benjamin, Sarah used to work 1 day/week on the helpline for SANDS – (Still-birth and neo-natal death) charity and ran the local support group for over 10 years.

Even though Sarah is retiring from her paid employment she will continue as an independent assessor for live donor assessment. Sarah also plans to remain involved with the Kidneys for Life charity lending support for any of their future activities and fund raising.

Sarah's role has been unique as she has always maintained a regular and constant presence on the renal wards, as well as tracking down patients in other parts of the hospital.

So many patients, their families, carers & loved ones, as well as staff, have benefited from Sarah's kindness, compassion & generosity over the years. I don't know of any time Sarah has ever been too busy to see someone who needed her support.

It is hard to imagine the place without Sarah, but it is very much a case of 'See you later' rather than goodbye as in Sarah's own words 'I've not finished yet.'

We wish Sarah all the best in her retirement knowing she won't be putting her feet up quite yet as she means to continue caring and supporting others, but benefiting from more time to spend with family and friends.



Virtual Renal Remembrance Service

for

Patients' of the Renal Department
Manchester Royal Infirmary

Sunday 4th July

Due to Covid -19 restrictions the service could not be held at the Lowry. Instead a virtual service is to be conducted. You can view the service from the 4th July at:

vimeo.com/mftrenalremembrance

If anyone would like a 'pack' which includes the service booklet, candle and poem card these are available from Kidneys for Life - 0161 276 6671 or fundraiser@kidneysforlife.org



New Dialysis Centre at Ulverston

Patients on dialysis treatment in South Cumbria will gain easier access to treatment with the opening of a new facility in Ulverston and provision of additional services in Kendal. The new dialysis centre is due to open in July 2021 and the refurbished Kendal centre is due to open in December 2021.

Under current arrangements, patients from the Furness area have to travel to Kendal several times a week for treatment, but the new facility in Ulverston will bring their treatment much closer to home.

New home training facilities based at Westmorland General Hospital in Kendal will offer improved access to support for patients who wish to manage their own treatment at home, so people from South Cumbria no longer need to travel to Chorley. Dialysis care at the Kendal facility will continue to be provided by NHS staff.

The new arrangements will allow 94% of patients across Lancashire and South Cumbria to access haemodialysis within the national target of 30 minutes travel time from home. The current figure in South Cumbria is 65%.

The improvements will be overseen by Lancashire Teaching Hospitals NHS Foundation Trust, which is responsible for renal services across Lancashire and South Cumbria and has awarded a new seven-year contract to Diaverum Facilities Management to deliver the service at Ulverston.

Dialysis services provided by the Lancashire Teaching Hospitals at sites in Preston and Chorley will remain unchanged and continue to be delivered at the current locations by NHS staff.

Holiday caravan for Patient use

Located: Newton Hall Holiday Park, Staining Road, Staining, Blackpool, FY3 0AX.

Sleeps 6, in one double bedroom and there are 2 other bedrooms containing 2 single beds in each and a separate toilet & washbasin.

The site has a number of amenities including a newly installed pool, sauna, indoor bowls, fishing lake, children's play facilities, restaurant etc.

There is a 'heavy duty' mobility scooter for use by guests as required.

The current charge is £35/night for the Caravan, inclusive of heating costs etc.

The local bus service provides transport direct to Blackpool & Lytham from the site entrance.

The caravan is provided courtesy of Hope KPA and all details and booking is via a phone call to Ann Hunt, 07769 713087(M) or email granyanny04@hotmail.com.



Quiz

- 1 How many time zones are there in Russia?
- 2 What's the national flower of Japan?
- 3 How many stripes are there on the US flag?
- 4 What's the national animal of Australia?
- 5 How many days does it take for the Earth to orbit the Sun?
- 6 Which of the following empires had no written language: Incan, Aztec, Egyptian, Roman?
- 7 Until 1923, what was the Turkish city of Istanbul called?
- 8 What is the slang name for New York City, used by locals?
- 9 Name the best-selling book series of the 21st century?
- 10 Which language has the most words (according to dictionary entries)?
- 11 Which famous graffiti artist comes from Bristol?
- 12 Norwegian artist Edvard Munch is famous for painting which iconic piece?

Transforming Renal Dialysis Services (TRenDS)

MRI Newsletter

It's been a difficult year during the COVID pandemic for patients and staff. MRI would firstly like to thank you for supporting the nursing teams and for adapting to changes within the NHS service during this challenging time.

MRI are pleased to share with you that it is now ready to complete the final phase of the Transforming Renal Dialysis Services project by delivering the new clinical model which will support all our dialysis patients.

Where we are now!

Firstly, thank you to all our patients and staff who have worked alongside us since 2017 in transferring to our new Fresenius contract including the opening of two new units.

A quick recap for you all on what the clinical model is about!

The aim of the unit will be deliver a dialysis service with patient empowerment at its core. Equipping dialysis patients with the knowledge and the confidence to take an active role in self-managing their kidney disease is a worthwhile goal for all receiving the treatment, as this self-management offers patients successful adaptation to kidney failure and the best clinical outcomes for individual patients.

Such a model will require a complete change of approach from the early stages of the patient pathway

Key Features and Benefits of the new model:

- Clinically led service with regular consultant review including multidisciplinary reviews with the team (i.e. dietitian, dialysis nurse, vascular access lead etc)*
- Improve fluid management and dietary control*
- Take control of dialysis the patient population currently in the early stages of renal failure.*

- *Highly qualified nurses with dedicated time to support individualized and holistic care*
- *Patient educational tools using IT technologies where appropriate*
- *IT interface for electronic dialysis records improving patient safety*
- *Technology to connect home patients to the main unit*
- *Patient empowerment; being independent and in control of dialysis and overall health*
- *Structured care consultant reviews with named nurse*
- *Consultant led clinics*

The new dialysis assessment unit based at Octagon Dialysis unit on Hathersage Road (just 10 minutes from the main Manchester Royal Infirmary hospital site) opened in March this year. The team were busy in recruiting to the nursing posts to enable us to deliver this service. We are pleased to share with you that Reshmi Rajan has been appointed to the Ward Manager role for the Unit. Reshmi comes with a wealth of experience in home training and will be an asset to the new unit.

The programme will focus on patient independence and confidence encouraging patients to shared care, self-care, or train for home haemodialysis.

The project will be fully integrated into dialysis services over the coming 12 months with Dr Sandip Mitra taking Clinical Lead, Emily Raybould, Matron for the service and Diane Comer overseeing the project for 12 months.

We are sure you will all agree this is an exciting time for our dialysis service and patients.

*If you have any queries, please do not hesitate to contact:
Diane.Comer@mft.nhs.uk*

Renal Transplant Clinic MRI

We have been made aware of changes to the Transplant clinics due to Covid-19 which are detailed below. **This is correct as of June 2021.**

On arrival check at the Outpatients reception. The clinic is now in suite C each day from 08.30 - 11.30am. **The telephone numbers to the other suites are now obsolete.** The majority of appointments are for blood tests on the day followed by a telephone consultation 2 to 3 days later.

If you need to call on the day to cancel or let the clinic know you are delayed phone 0161 276 4235.

The Central Booking System (CBS) has been disbanded and clerks have been specifically appointed for Renal, Transplant and Urology. Contact numbers are **0161 276 4431/8735**

The transplant Nurse's office is now at the back of Ward 36T. They endeavour to answer the phone lines between 13:30 and 15:30 Monday-Friday. The telephone number is still **0161 276 8721** (Ward 36T is currently the Transplant ward contact number **0161 276 4402**. Wards 9 and 10 are now used for Covid-19 patients.)

In addition the pharmacy team have worked really hard in providing a new service for the transplant patients (3 months post surgery). Patients are now asked to phone the pharmacy line when they have 2-3 weeks of immunosuppression medications left. The medication is then posted out to the patients. The pharmacy line is a mobile number **07817 136 791**.

MRIKPA Membership Application Form

Membership of the Manchester Royal Infirmary Kidney Patients' Association (MRIKPA) is completely free. It is open to kidney patients, their relatives & friends, hospital staff and to anyone who is interested in the welfare of kidney patients. Members receive, free of charge, a regular newsletter.

Please tick as appropriate and then complete the form below

- I would like to join the MRIKPA**
- I consent to the MRIKPA contacting me by post**
- I am already a member of the MRIKPA and have changed my name, address and/or phone number**
- I no longer wish to remain a member of the Association or to receive the newsletter. Please remove me from your mailing list.**
- I consent to receive the National Kidney Federation (NKF) magazine**
- I would like to receive my newsletter electronically**

Name

Address

Postcode

***Please send this completed form (or a photocopy if you prefer) to:
Mike Kewley, 11 Canterbury Road, Hale, Altrincham Cheshire WA15 8PL***

***I would like to make a donation to the MRIKPA and enclose
a cheque for £ (Membership is free but if you would like
to make a donation we would be very grateful)***

Quiz answers

1 Eleven

2 Cherry blossom

3 13

4 Red Kangaroo

5 365

6 Incan

7 Constantinople

8 Gotham

9 Harry Potter - J K Rowling

10 English 200,000 words

11 Banksy

12 The Scream

Donations and Fundraising

Please send whatever donation you can afford, large or small to support your association. As a charity, we rely entirely on the generosity of our members and supporters to continue our work for the benefit of kidney patients in the region.



**Please send your donations to:
Janet Richardson
12 Carrington Lane, Sale M33 5ND**

Cheque's should be made payable to: MRIKPA

You can telephone Janet on 07490 190492 to ask about ways you can make a bequest or donate through gift aid.

Monies donated are used solely for the benefit of kidney patients. Your Committee are all volunteers and do not receive any payment from your donations or from any other source for the work that they do.

Donations are received at different times and as a result may miss the deadline of the newsletter.

Therefore, the total amount raised may not be shown in one newsletter but shown over two issues.

giftaid it

Gift Aid declaration –for a single donation

Name of charity or Community Amateur Sports Club

Please treat the enclosed gift of £ ----- as a Gift Aid donation.

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Donor's details

Title ----- First name or initial(s) -----

Surname -----

Full Home address -----

Postcode -----

Date -----

Signature -----

Please notify the charity or CASC if you:

- *Want to cancel this declaration*
- *Change your name or home address*
- *No longer pay sufficient tax on your income and/or capital gains.*

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.



Transplant clinic room 0161 276 8721 (after 1.30 pm)

Blood results 0161 276 8721 (1.30-3.30 pm)

Pre-dialysis team 0161 276 4440

Renal Social worker 0161 276 6521

Renal Dietitians 0161 276 4478

Renal Pharmacy 07817 136791

Renal Vascular Access nurse 0161 276 7985

British Transplant Games

Zoe Dixon - Manchester Adult Transplant Games team Manager
07780858558

Denise Roberts - Manchester Children's Team Manager
0161 701 7708

MRIKPA
Newsletter
Fancy receiving a copy electronically?

With increasing printing and distribution costs the MRIKPA Committee have been reviewing how we can reduce some of the costs of producing the newsletter.

In this ever increasing electronic age I was wondering if readers would prefer to receive the newsletter in an electronic PDF format. Some readers have already requested a copy electronically.

Whilst I appreciate many readers would prefer to have a hard copy to read there are benefits of receiving the newsletter electronically. Firstly you can easily share copies with family and friends, secondly you can print off certain pages to either read or retain and thirdly you can easily store back copies.

If you would like to receive it electronically drop me an email at mikejm.kewley@gmail.com

Mike Kewley
Editor



Notes

Notes

Sources of advice

National Kidney Federation
www.kidney.org.uk

Kidney Care UK
www.kidneycareuk.org

**Greater Manchester Kidney Information
Network (GMKIN)**
gmkin.org.uk

Kidney Research UK
kidneyresearchuk.org

Polycystic Kidney Disease Charity
pkdcharity.org.uk

IgA Nephropathy Support UK
(Facebook site)

Dialysis Traveller
(Facebook site)

What do we do?

We promote the welfare of persons receiving treatment at MRI, for disease or illness affecting the kidneys, irrespective of where they were referred from.

We hold an Annual General Meeting each year.

We finance an Amenity Fund which provides for patients in need.

We publish and issue newsletters free of charge each year to members.

We supply items to improve the comfort of patients in hospital.

We campaign on behalf of kidney patients to improve facilities and increase public awareness of issues affecting kidney patients, particularly the need for transplants.

We work with other organisations interested in renal disease and its treatment and we are a member of the National Kidney Federation.

We give equipment to Hospital Renal Units - items that are not supplied as a statutory provision.

We will pay (at the reduced rate) for up to twelve members per year to attend the National Kidney Federation Conference for a weekend