



Join other patients, carers family and friends at our friendly, informal

# Greater Manchester Park Walks

Relaxed group walks to be held on Sunday mornings four times a year

Meet others living with CKD in a relaxing, local outdoor environment

Scan the QR code or visit [mrikpa.org.uk](http://mrikpa.org.uk) for the date & details of our next walk

Join us for as long or as little as you wish – suitable for all ages, abilities & paces

## ASK FOR A LEAFLET



If we've run out, please ask the receptionists for an MRIKPA Park Walk Leaflet or scan the QR code below for information

Search MRI Kidney Patients' Association For information about the next get-together.

# [mrikpa.org.uk](http://mrikpa.org.uk)



Website



Facebook



Calendar Link